



JESUS, THE GOOD SHEPHERD PARISH

~ East Lake Macquarie ~

◆ St Francis Xavier's Belmont ◆ St Patrick's Swansea ◆ St Pius X Windale ◆

· PENTECOST SUNDAY · YEAR B · 19 MAY 2024 ·

Parish Presbytery

Parish Priest: Fr Gerard Mackie PP
Postal Address: PO Box 277
BELMONT NSW 2280
Presbytery Phone: 02 4945 1244

Parish Office

Accounts and Administration Officer: Mrs Liza Ruitenbach
Street Address: 40 Ernest Street
BELMONT NSW 2280
Postal Address: PO Box 277
BELMONT NSW 2280
Office Phone: 02 4945 4402

Email: elmparish@mn.catholic.org.au
Facebook: [Jesus the Good Shepherd Parish-East Lake Macquarie](https://www.facebook.com/Jesus-the-Good-Shepherd-Parish-East-Lake-Macquarie)

Parish Webpage: Please use QR Code to access parish webpage at <https://www.mn.catholic.org.au>



Columbarium: All enquiries via Parish Office

Office Hours

Monday: 8:00AM to 3:30PM
Wednesday: 8:00AM to 4:30PM
Thursday: 11:30AM to 4:30PM

Schools

St Francis Xavier's Catholic Primary School Belmont

Principal: Mrs Danielle Reed
Street Address: 42 Ernest Street
BELMONT NSW 2280
Postal Address: PO Box 206
BELMONT NSW 2280
Phone: 02 4945 2404
Email: admin@belmont.catholic.edu.au
Website: www.belmont.catholic.edu.au
OOSH: <https://stnicholasoosh.org.au/belmont>

St Patrick's Catholic Primary School Swansea

Principal: Ms Lucy Harvey
Street Address: 213 Northcote Avenue
SWANSEA NSW 2281
Postal Address: PO Box 141
SWANSEA NSW 2281
Phone: 02 4971 1560
Email: admin@swansea.catholic.edu.au
Website: www.swansea.catholic.edu.au

St Pius X Catholic Primary School Windale

Principal: Mr Stephen Pryde
Street Address: 2 Lake Street
WINDALE NSW 2306
Postal Address: As above
Phone: 02 4948 8467
Email: admin@windale.catholic.edu.au
Website: www.windale.catholic.edu.au

Diocese of Maitland-Newcastle

Bishop: Bishop Michael Kennedy
Street Address: 841 Hunter Street
NEWCASTLE WEST NSW 2302
Postal Address: PO Box 780
NEWCASTLE NSW 2300
Phone Number: 02 4979 1200
Email: chancery@mn.catholic.org.au
Website: www.mn.catholic.org.au

Liturgical Celebrations

Weekday Masses

Monday: 8:30AM Belmont
Tuesday: 8:30AM Windale
Wednesday: 8:30AM Swansea
Thursday: 8:30AM Belmont
Friday: 8:30AM Swansea
Saturday: 8:30AM Belmont

Sunday Masses

Saturday: 5:00PM Swansea
Sunday: 7:30AM Windale
9:00AM Belmont

Rosary

We invite everyone to join in and pray the Rosary daily after the 8:30AM weekday Mass from Monday to Saturday.

Feast Days

29 Jun Saints Peter and Paul, Apostles
3 Jul Saint Thomas, Apostle
22 Jul Saint Mary Magdalene
25 Jul Saint James, Apostle

Mass at Jesus the Good Shepherd

The following information is provided so that parishioners and visitors may know what to expect while attending Mass.

- ✓ **Physical distancing** is still recommended.
- ✓ The wearing of a face **mask** can help protect you and those around you. Masks are available at the church entrance.
- ✓ **Hand sanitiser** is recommended and provided.
- ✓ **Holy Water** is available and changed regularly.
- ✓ Pick up your **bulletin** and take it home with you afterwards. Bulletins are no longer re-used.
- ✓ Select your **seat** and allow space between families / households.
- ✓ **Singing** is permissible.
- ✓ Parishes can use liturgical ministers - **readers, servers, etc.**
- ✓ **Procession of Gifts** may take place as directed by our Priest.
- ✓ The **Sign of Peace** remains contactless except between those residing in the same household.
- ✓ The distribution of **Communion** during Mass - please maintain a single line. In general, two (2) ministers (including the Priest) are adequate to distribute the Lord's Body.
 - The **Communion host** can be received in the hand, and on the tongue with care. Since the latter is deemed high risk, please proceed to the Priest only and at the end of the line.
 - The **Precious Blood** remains restricted to Priests only.
- ✓ The **collection plate** has resumed during Mass. Thank you for your continued support.
 - First Collection supports all our Diocesan Priests.
 - Second Collection supports our parish operating costs.
- ✓ **Exit** whilst maintaining physical distancing.

Bulletin Notices

All items for the parish bulletin need to be received at the Parish Office by 9:00AM Wednesday.

Parish Office

When visiting the Parish Office:

- ✓ For your safety, use the footpath and **do not** walk through the garden.
- ✓ All on-site visitors are required to sign-in.
- ✓ NSW Health still recommends physical distancing be maintained if entering a building.
- ✓ Please use hand sanitizer. Face masks are available if needed.

Please do not visit if you are unwell. We can assist you by post, phone, or email during normal office hours.

Sacraments

Thinking of becoming Catholic?

See Fr Gerard or email [Fr Gerard](mailto:Fr.Gerard@parish.org.au).

Anointing of the Sick

Masses with the Anointing of the Sick is available. See Fr Gerard

1514 The Anointing of the Sick "is not a sacrament for those only who are at the point of death. Hence, as soon as anyone of the faithful begins to be in danger of death from sickness or old age, the fitting time for him to receive this sacrament has certainly already arrived."

From the Catechism of the Catholic Church.

Baptism

The Sacrament of Baptism can be celebrated: however, in the current circumstances Baptism can only be celebrated by the pouring of water and not by immersion. Baptism enquiries may be made via the Presbytery or Parish Office.

Baptism Preparation: The program is held every first Saturday of the month, except January, at 11:15AM in the Parish Hall at Belmont. Enrolment forms are available at each church or from the Parish Office. Our next meeting is on Saturday 1 June 2024. Bookings are essential.

Funerals

To organize a funeral please contact the Funeral Directors who will then contact the Parish Priest.

Columbarium

For an information contact the Parish Office.

Marriage

For all wedding enquiries or bookings, contact Fr Gerard.

Penance

The celebration of the Sacrament of Penance is available.

Penance Times:

- Belmont: Saturday morning after Mass
- Swansea: Saturday evening before Mass

Prayer Requests

Please pray for

Sick: Therese Smith, Geoff Brown, John and Joan Swift, Baby Carter McGie, Elaine Toohey.

(Once the person is no longer in need of prayer, would you kindly inform the Parish Office)



Recently Deceased:

Anniversaries: Joel Lack, Patrick Berry.

Eternal rest grant to them, O Lord, and may light perpetual shine upon them. ☩ May their souls and the souls of all the faithful departed rest in peace. Amen

Mass Intentions for publication may be submitted on an envelope on the collection plate, or to the Parish Office by email, or by phone; by 9:00AM Wednesday each week ahead. Envelopes are available at the church entrance. Please write details clearly to avoid errors. A reminder that you need the permission of the person, or their family, to enable us to publish names.

Intentions

Pope Francis' Prayer

You are invited to answer the Holy Father's request and to join with many people worldwide in praying for this intention each month. <https://www.popesprayer.va/>

May is for the Formation of Religious and Seminarians

We pray that religious women and men, and seminarians, grow in their own vocations through their human, pastoral, spiritual and community formation, leading them to be credible witnesses to the Gospel.

Safeguarding in Our Parish

Our Children and Vulnerable Adults

The Parish of Jesus, the Good Shepherd is committed to the safety, welfare and wellbeing of children and vulnerable adults. Information brochures are available at the entrance to the Church. Our **Parish Promoters of Safeguarding** are all the members of the Parish Pastoral Council.

Reflection

by Greg Sunter



The feast of Pentecost celebrates the power of the Holy Spirit coming upon the disciples and energising them to set about their mission of continuing the ministry of Jesus. The gospel reading is one of the post-resurrection appearances by Jesus when he breathed the Holy Spirit upon the disciples. The actual

events of that first Pentecost are recorded in the book of Acts and are recalled in this week's first reading. The use of this post-resurrection gospel account is a reminder that Jesus had already imbued the disciples with the Spirit but, as so often throughout his ministry, they were a bit slow to catch on to the significance of what he had done. It seems that they needed a more tangible experience to jolt them into action and Acts records the very physical experience of the Spirit entering their midst as a roaring wind before settling upon them as tongues of flame. Jesus had breathed the Spirit upon them but it took the roaring wind to make a real impression on the disciples. There are frequent references in the gospels to Jesus being 'filled with the Spirit'. It is this Spirit with which he was filled that he breathed upon his disciples; it is that same Spirit that we receive sacramentally in Confirmation.

For the weeks following the death of Jesus the disciples had lived in fear and confusion, not fully understanding what had happened and not really knowing what to do. When they realised that the Spirit Jesus had breathed upon them was really present and urging them to action they finally had the courage to begin the mission that Jesus had entrusted to them: to spread the Good News of Jesus and continue to realise his message in the world.

Historical Context – Pentecost

The word Pentecost comes from the Greek for fiftieth day. Pentecost Sunday ends the season of Easter and comes as a Sabbath day after seven weeks of seven days. In Jewish tradition the 50th day after the Passover was celebrated as a blessing of the harvest and rather than the unleavened bread of Passover it was celebrated by leavening the bread. It was for this reason that the disciples were gathered together when they experienced the Holy Spirit empowering them. In Christian tradition, Pentecost is celebrated as the arrival of the Spirit, promised by Jesus, that animated the disciples to spread the gospel of Jesus and gather believers to form what would eventually become the Church.

Have you thought? The Spirit

We can sometimes regard Pentecost as the day the Holy Spirit came into the world. However, the Spirit had long been active in the world before this event. In fact, even the second verse of Genesis Chapter 1 tells us that the Spirit hovered over the waters. The Old Testament is filled with references in which 'The Spirit of God came upon (him) with power' and the Spirit was evident at Jesus' baptism and throughout the gospels. Jesus is frequently described as being 'filled with the Spirit'. So, from the very beginning of creation the Spirit has moved in the world and continues to energise it today.

Living the Gospel – Come, Holy Spirit

'Come, Holy Spirit', or its Latin, Vene Sancte Spiritus, has become the basis of countless prayers and hymns over many hundreds of years. To this day, it remains a powerful invocation that can be used in prayer or meditation. Three simple words convey a wealth of meaning. The invitation for the Spirit to 'Come' indicates recognition of the need for the Spirit's intervention and openness to accept the guidance that the Spirit brings. It is a powerful, simple prayer that can be used at the outset of any significant undertaking or whenever you find yourself in need of inspiration. © Greg Sunter

If you have any concerns for a child or vulnerable adult, contact the Office of Safeguarding via P 02 4979 1390 or E childprotection@mn.catholic.org.au.

For further information visit:

Website: www.officeofsafeguarding.org.au

Facebook: <https://officeofsafeguarding.org.au/>

Complaints: <https://officeofsafeguarding.org.au/making-a-complaint/>

Parish News

Welcome

We welcome new parishioners and visitors. We invite you to pick up our 'New to the Parish?' flyer.

Live Stream

Our Parish Mass continues to be livestreamed. This means the Mass is recorded and available via [Facebook](#).

The Holy Rosary

During the month of May we honour the Blessed Virgin Mary. Copies of 'The Holy Rosary' leaflets are available from the Church entrance or the Parish Office.

Sacramental Program

CONFIRMATION will be celebrated in our Parish on Tuesday 4 June at 5:00PM at St Francis Xavier Church. For those children who have participated in our First Penance programme this year or before, the final preparation meeting is at Belmont on Thursday 23 May at 6:30PM. Please be on time and bring your copy of Youcat for Kids with you.

St Patrick's Craft Biggest Morning Tea

A morning tea will be held at Swansea Church Hall on Monday 20 May from 10:00AM until 12:00PM. All are welcome. Entry is by donation. Raffle and lucky door prizes. Three (3) prizes and tickets are \$1.00 each - drawn on 20/5/24. Please bring a plate. Enquiries Gay 0419 211 573.

Morning Tea



Join in a morning tea at Belmont after the 9:00AM Mass on Sunday 19 May 2024. White mugs are now available. Enquiries: Jan M 0438 252 657.

Volunteer Needed

We need one or more volunteers to assist with the cleaning of St Pius X Church Windale on a weekly basis, usually on a Friday at 10:00AM. Contact the office if you are interested.

Tax Receipts

Project Compassion tax receipts have been mailed.

2025 Planned Giving Envelopes

New Planned Giving Envelopes will be prepared soon. Please complete your white card located as an insert on 1/4/2024 in your current pack and place it on the second collection plate with your nominated church for picking up your new 2025 pack. Thank you to all who contribute to the parish financial well-being via collection plates and/or direct debit and credit card.

Parish Groups and Committees

Breaking Open the Word

You are welcome to join us on the first Thursday of the month after the 8:30AM Mass to reflect on the Sunday Gospel of the week. Reflective material is free. Morning tea will follow. Our next session is Thursday 6 June. No RSVP needed. Enquiries: Jan M 0438 252 657.

Choir

A choir has been formed to sing Latin Gregorian chant occasionally at the 9:00AM Mass at St Francis Xavier's Church, Belmont. If anyone has an interest in joining the choir, contact Andrew on M 0405 772 779.

Family Group Movement

Enquiries: John and Pauline via P 02 4946 7460 or E mcgraths_12@hotmail.com.

Friendship Group

The next Friendship Group for singles lunch will be held on Sunday 2 June at 12:00PM at the Belmont Hotel Pacific Highway. RSVP before Thursday 30 May by contacting Mary on M 0408 498 898. Newcomers are welcome.

Social Justice Committee

Our Social Justice Committee is calling for new members. We meet three to four times a year. If you'd like to join or learn more, contact Paul via M 0418 240 604.

St Patricks Craft Group

Our parish craft group gathers weekly in the Swansea Church Hall at 9:30AM on Mondays, except January. All welcome. Enquiries Gay M 0419 211 573.

St Vincent de Paul

To join one of our Parish Conferences, contact one of the presidents.

Belmont	Paul	0418 240 604
Swansea	Anne	0439 814 874
Windale	Brian	0407 125 338

Diocesan News

Community Kitchen Opening Hours

As we enter winter, more people in our community will need help. CatholicCare's Community Kitchens can be accessed by anyone who needs a warm meal or support. Five locations operate across the Hunter and Mid-North Coast:

- ✓Hamilton South: Every Wednesday, 12:00PM to 1:00PM at 29 Fowler Street Hamilton South
- ✓Newcastle: Every Saturday, 5:30PM to 6:30PM (6:30PM to 7:30PM DST) at Civic Park, King Street Newcastle
- ✓Toronto: Every Thursday, 5:00PM to 6:30PM at 97 The Boulevardde Toronto

Broken Bay Institute Short Course

Human dignity is at the heart of all ethical and moral reasoning. What do we mean by human dignity? Why is it so important, that without it, we cannot properly act toward others, develop economic systems or know what is good or bad care of another human being?

Topic: Ethical Foundations - Human Dignity

When: Mondays 20 & 27 May, 4:00PM -5:30PM.

Register: To join us at the Diocesan Resource Centre, at home or as a parish group at <https://forms.office.com/r/7uMVUncy4f>

Parish Volunteer Safeguarding Training

All parish workers are required to attend Safeguarding Training in Parishes within 6 months of commencing in their role and every 6 years thereafter. This training forms part of the Diocese's mandatory training regime and is specifically designed to support paid and unpaid helpers undertaking a broad range of ministries in church facilities and out in the community. The training targets the safeguarding needs of faith communities.

When: 18 June 2024 9:30AM to 12:30PM (Lunch Provided)

Where: Murray Room 841 Hunter Street Newcastle West

RSVP Parish Office

National Catholic Conference

Ignite Conference 2024 Sydney – Rise Up

A conference for everyone, from leaders to first-time believers. This is the Church gathered and alive on mission. This is God's people united with one heart. There is something for everyone. Sydney 26-29 September 2024. <https://igniteconference.com.au/>

Other News

National Pilgrimage

"In the Footsteps of Mary MacKillop". This official pilgrimage is led and run by the Sisters of Saint Joseph of the Sacred Heart. Our National Pilgrimage, scheduled to take place from the 15 - 26 October 2024, offers a unique opportunity for individuals and families to come together in prayer, reflection, and celebration of Mary MacKillop's life and teachings. It promises to be a deeply enriching and spiritually fulfilling experience for all who attend.

See the noticeboard for more information. Flyers are available.

Pentecost Sunday Year B

Entrance Antiphon

Wisdom 1:7

The Spirit of the Lord has filled the whole world
and that which contains all things
understands what is said, alleluia.

First Reading

Acts of the Apostles 2:1-11

A reading from the Acts of the Apostles

They were all filled with the Holy Spirit, and began to speak different languages.

When Pentecost day came round, the apostles had all met in one room, when suddenly they heard what sounded like a powerful wind from heaven, the noise of which filled the entire house in which they were sitting; and something appeared to them that seemed like tongues of fire; these separated and came to rest on the head of each of them. They were all filled with the Holy Spirit, and began to speak foreign languages as the Spirit gave them the gift of speech.

Now there were devout men living in Jerusalem from every nation under heaven, and at this sound they all assembled, each one bewildered to hear these men speaking his own language. They were amazed and astonished. 'Surely' they said 'all these men speaking are Galileans? How does it happen that each of us hears them in his own native language? Parthians, Medes and Elamites; people from Mesopotamia, Judaea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya round Cyrene; as well as visitors from Rome - Jews and proselytes alike - Cretans and Arabs; we hear them preaching in our own language about the marvels of God.'

The Word of the Lord.

Responsorial Psalm

Ps 103:1. 24. 29-31. 34. R. v.30

(R) Lord, send out your Spirit and renew the face of the earth.

1. Bless the Lord, my soul!

Lord God, how *great you are*,

How many are your *works, O Lord!*

The earth is full *of your riches*.

2. You take back your *spirit, they die*,

returning to the dust from *which they came*.

You send forth your spirit, they *are created*;

and you renew the face *of the earth*.

3. May the glory of the Lord *last for ever!*

May the Lord rejoice *in his works!*

May my thoughts be *pleasing to him*.

I find my joy *in the Lord*.

Second Reading

1 Corinthians 12:3-7, 12-13

A reading from the first letter of St Paul to the Corinthians

In the one Spirit we were all baptised, making one body.

No one can say, 'Jesus is Lord' unless he is under the influence of the Holy Spirit.

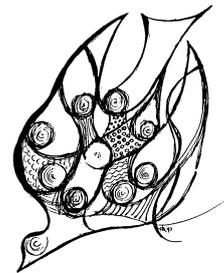
There is a variety of gifts but always the same Spirit; there are all sorts of service to be done, but always to the same Lord; working in all sorts of different ways in different people, it is the same God who is working in all of them. The particular way in which the Spirit is given to each person is for a good purpose.

Just as a human body, though it is made up of many parts, is a single unit because all these parts, though many, make one body, so it is with Christ. In the one Spirit we were all baptised, Jews as well as Greeks, slaves as well as citizens, and one Spirit was given to us all to drink.

The Word of the Lord.

Sequence

Holy Spirit, Lord of light,
From the clear celestial height
Thy pure beaming radiance give.
Come, thou Father of the poor,
Come with treasures which endure;
Come, thou light of all that live!
Thou, of all consolers best,
Thou, the soul's delightful guest,
Dost refreshing peace bestow;
Thou in toil art comfort sweet;
Pleasant coolness in the heat;
Solace in the midst of woe.
Light immortal, light divine,
Visit thou these hearts of thine,
And our inmost being fill:
If thou take thy grace away,
Nothing pure in man will stay;
All his good is turned to ill.
Heal our wounds, our strength renew;
On our dryness pour thy dew;
Wash the stains of guilt away:
Bend the stubborn heart and will;
Melt the frozen, warm the chill;
Guide the steps that go astray.
Thou, on us who evermore
Thee confess and thee adore,
With thy sevenfold gifts descend:
Give us comfort when we die;
Give us life with thee on high;
Give us joys that never end.



Gospel Acclamation

Alleluia, alleluia, alleluia.

Come, Holy Spirit, fill the hearts *of your faithful*
and kindle in them the fire *of your love*.

Alleluia, alleluia, alleluia.

Gospel

John 20:19-23

A reading from the holy Gospel according to John

As the Father sent me, so I send you: Receive the Holy Spirit.

In the evening of the first day of the week, the doors were closed in the room where the disciples were, for fear of the Jews. Jesus came and stood among them. He said to them, 'Peace be with you,' and showed them his hands and his side. The disciples were filled with joy when they saw the Lord, and he said to them again, 'Peace be with you.

'As the Father sent me,
so am I sending you.'

After saying this he breathed on them and said:

'Receive the Holy Spirit.
For those whose sins you forgive,
they are forgiven;
for those whose sins you retain,
they are retained.'

The Gospel of the Lord.

Communion Antiphon

Acts of the Apostles 2:4,11

They were all filled with the Holy Spirit
and spoke of the marvels of God, alleluia.

